

## Calendar of Events

- August 27 **Special Needs Event at Canalside**  
Canalside, 44 Prime St., Buffalo  
3PM
- September 14 **Kick-Off Meeting & Elections**  
Daemen College  
7PM
- September 30 **Step Up for Down Syndrome**  
Coca Cola Field, Buffalo, NY  
11AM
- October 28 **Halloween Party**  
St. Mary's High School, Lancaster  
11AM - 1PM
- November 11 **Fall Dance**  
MaGruders, 4995 Broadway, Depew  
5:30PM



DSPG of WNY, Inc.  
547 Englewood Avenue  
Kenmore, New York 14223



**REMINDER: Save those Pop Tops!** If you have pop tops or would like a collection house to benefit Ronald McDonald House of Buffalo please contact Tracey, [leo8408@gmail.com](mailto:leo8408@gmail.com) or Michelle, [michgiambra@gmail.com](mailto:michgiambra@gmail.com).

*The DSPG News is published quarterly in February, May, August, and November*



# DSPG News

August 2017

## UPCOMING EVENTS

### Special Needs Takes on Buffalo Canalside August 27

Hosted by Fantastic Friends of Western New York on Sunday, August 27 from 3PM - 6PM at Canalside. Email [fantasticfriendswny@gmail.com](mailto:fantasticfriendswny@gmail.com) or call 716-863-7393 for more information.

### Annual Kick Off Meeting & Board Elections September 14th

Our Annual Meeting and Board Elections will take place Thursday, September 14 at 7PM at The Museum of Disability History. We will share our annual report, a treasurer's report, and hold elections for four positions on our Board of Directors. (See the Board news on page 2 for available positions.)

We are also excited to have Dr. Sandra Block speak on sleep apnea!



### Step Up for Down Syndrome 10th Anniversary! September 30th

Come celebrate 10 years of awareness, Saturday, September 30th from 11am-2pm at Coca-Cola field. As a special 10th Anniversary addition, the walk will be lead by the Buffalo Academy for Visual and Performing Arts, Arts-Tech Marching Band. We will walk one mile around Harbor Center to celebrate National Down Syndrome Awareness Month. We are excited to have music from Strictly Hip again this year as well as a photo booth, games and activities for children and entertainment from various local groups. Online registration will be opening soon at [dspgwny.org](http://dspgwny.org)! Advance registration is open until September 12th and includes a FREE t-shirt for \$7. Walk-ins are welcome the day of the event for \$10. Check out our Facebook page or contact Amy Monson at [amonson23@gmail.com](mailto:amonson23@gmail.com) or 716-677-0604 for more info.

### Halloween Party Oct 28



For our younger trick-or-treaters...come join us at St. Mary's High School in Lancaster on Saturday, October 28 from 11:00AM -1:00PM in the cafeteria. We'll celebrate an early Halloween parading around in our costumes. Lots of great activities are planned. Families are asked to bring a snack/treat for the party. Pizza and beverages will be provided. For more information contact Barbara Wakefield at [bb.wakefield1@verizon.net](mailto:bb.wakefield1@verizon.net) or 716-983-2140.



### Fall Dance Nov 11

Come get your groove on, Saturday, Nov 11, 2017 at Magruders, located at 4995 Broadway in Depew. The DSPG will provide pizza, salad and drinks. Families with the last names A-M are to bring an appetizers, and families N-Z will bring a dessert. Please RSVP to Lynette at [lynpriham@gmail.com](mailto:lynpriham@gmail.com). **Please RSVP by November 6, so that we can ensure adequate food and seating.**

## Resource Corner

We have started "Resource Wednesday" on our Facebook page where we will continue to keep you up to date on all kinds of resources available for our families. Below are a few we've shared so far.

**"Health Care Information for Families of Children with Down Syndrome".**

[https://www.healthychildren.org/English/health-issues/conditions/developmental-disabilities/Documents/Health\\_Care\\_Information\\_for\\_Families\\_of\\_Children\\_with\\_Down\\_Syndrome.pdf](https://www.healthychildren.org/English/health-issues/conditions/developmental-disabilities/Documents/Health_Care_Information_for_Families_of_Children_with_Down_Syndrome.pdf)

**Looking for an activity or program? Check out the Parent Network Recreation and Leisure Services Directory.**

[https://parentnetworkwny.org/files/documents/Directories/Rec\\_Directory\\_2017\\_download.pdf](https://parentnetworkwny.org/files/documents/Directories/Rec_Directory_2017_download.pdf)

**The Allen C. Crocker Speaker Series hosted by Boston Children's Hospital.** *The series is designed to provide quality information from experts on a range of topics related to Down syndrome. The webinars are created to provide information for families but are also relevant to providers and other community members on a wide range of topics including those concerning medical issues, education, future planning, development and much more.*

<http://www.childrenshospital.org/centers-and-services/programs/a--e/down-syndrome-program/allen-c-crocker-speaker-series>

**Down Syndrome Parenting 101 by Natalie Hale.** *It's full of uplifting advice and best practices gleaned from the author's personal and professional experiences raising a son, now an adult, and teaching educators and parents how to teach children with Down syndrome to read.*

[https://www.amazon.com/Down-Syndrome-Parenting-101-Must-Have/dp/160613020X/ref=sr\\_1\\_1?ie=UTF8&qid=1498015349&sr=8-1&keywords=down+syndrome+101](https://www.amazon.com/Down-Syndrome-Parenting-101-Must-Have/dp/160613020X/ref=sr_1_1?ie=UTF8&qid=1498015349&sr=8-1&keywords=down+syndrome+101)

**NDSS Resource on conditions associated with Down syndrome.** *People with Down syndrome are at increased risk for certain health problems compared to the general population.*

<http://www.ndss.org/Resources/Health-Care/Associated-Conditions/>

**Footprints for the Future** is a personal planning tool that provides a place for you to record specific and personal information about your loved one.

[http://www.ndss.org/PageFiles/3022/footprints\\_for\\_the\\_future.pdf](http://www.ndss.org/PageFiles/3022/footprints_for_the_future.pdf)



### Board News

At our Annual Meeting on September 14, we will elect four Board Members for a term of three years. The positions are 1 Co-President, 1 Co-Vice President and 2 members-at-large. If you are interested in running for a position on the Board, please e-mail [dspgwny@gmail.com](mailto:dspgwny@gmail.com) by September 1st. If you would like more information about being a Board Member, e-mail us or call any board member listed on page 3. We would love to see some fresh faces getting more involved in our organization. We will e-mail the slate of candidates and have them available in print at the annual meeting on September 14th where we will hold elections.

If you have a change of address (email or regular mail) please email us at [dspg@dspgwny.org](mailto:dspg@dspgwny.org)

### Thank You To Our Donors

United Way

*Graciela Royall and Erica Melton*  
through the National Fuel Employee  
Charitable Giving Program

*Theresa Marioles, Christine Blachowiak,*  
*Rosemary Orlando and Susie Czajka*  
through Embrace the Difference

## Fun at the Fantasy Island Picnic

It was a beautiful day at the park for food, family and fun!



We are now a designated beneficiary of the Embrace the Difference line of jewelry from Reeds. To shop go to <http://embracethedifference.org/shop/> and choose the DSPG as your charity!



<https://www.facebook.com/DSPGWNYPARENTSGROUP>

## DSPG NEWS Has Gone Green

In an effort to reduce our carbon footprint, we will only be mailing printed versions of this newsletter to anyone not currently on our email list. You can receive a printed copy by mail by sending a request to [dspg@dspgwny.org](mailto:dspg@dspgwny.org). Thank you!

### DSPG BOARD MEMBERS

#### Presidents:

Amy Monson  
716-677-0604  
Barbara Wakefield  
716-983-2140

#### Vice Presidents:

Gretchen White  
716-834-0853  
Trish Winnicki  
716-445-2177

#### Treasurer:

Janet Poreda  
716-695-1299

#### Communications Coordinator:

Melissa Garrity  
716-534-6121

#### Secretary:

Bonnie Zon  
716-632-0137

#### Members at Large:

Joan Cofield-Bridges  
716-432-4851  
Jason Brydges  
716-830-8636  
Craig Donatelli  
Tracey Flick  
716-228-5002  
Leah Marchewka  
716-631-7505  
David Rosenhoch  
Wendy Slisz  
716-465-7574

#### President Emeritus:

Carol Hetzelt  
716-832-4972

