## **Calendar of Events**

May 11 Spring Fling Academy of the Sacred Heart School, Buffalo **Special Olympics Young Athletes** May 18

Tonawanda High School, Tonawanda

May 30 **Developmental Disabilities Awareness Day** The Conference Center, Niagara Falls

9AM

**Parents Night Out** May 31

Santora's Pizza, Pub & Grill, Williamsville

5PM

**Summer Mini Golf Outing** July 13

Broadway Driving Range & Mini Golf, Depew

A Day at the Bisons Game August 04

Sahlen Field (formerly Coca Cola Field)

1PM

September 09 **Kick Off Meeting** 

Museum of disAbility History, Amherst

7PM



The DSPG of WNY has been invited. along with the Museum of Disability History, to display our "In Celebration of Down Syndrome" exhibit at the NDSC Convention this year in Pittsburgh, Pennsylvania! Go to the link below and register to see us there!

The 47th Annual Convention will take place June 27 – 30, 2019.

https://www.ndsccenter.org/annual-convention/



The DSPG News is published quarterly in February, May, August, and November



In an effort to reduce our carbon footprint, we will only be mailing printed versions of this newsletter to anyone not currently on our email list. You can receive a printed copy by mail by sending a request to dspg@dspgwny.org.



# **UPCOMING EVENTS**

## Spring Fling

May 11

Have fun dancing the night away as the students at Sacred Heart host a Spring Fling on May 11, 2019 from 5-8pm. There is no cost to attend. Food, dancing and other activities will be provided. The event is for ages 14 and up. Dress is semi-formal. The deadline to RSVP is May 5. Contact Barb at bb.wakefield1@verizon.net or RSVP at the link below. https://form.jotform.com/dspgwny/spring-fling-2019.



May 18

Young Athletes, an early introduction to sports and Special Olympics for children ages 2 1/2 to 7, has had a great year! Cheer us on at the 2019 Spring games on Saturday, May 18th at Tonawanda High school. For more info contact, Melissa at mgarrity76@gmail.com.

## **Developmental Disability Day**

May 30th

The conference will take place Thursday, May 30th, 2018 at The Conference Center Niagara Falls, 101 Old Falls Street, Niagara Falls NY 14303. Doors open at 8:00 am. Visit www.ddday.org to register online.

## **Parents Night Out**

May 31st

Join us for another evening out for some adult conversation, delicious food and drinks. We will meet Friday, May 31 at Santora's Pizza and Pub on Transit Road in Williamsville at 5pm. Food and drinks can be purchased through the restaurant.

## **Summer Mini Golf Outing**

July 13

Join us for a day of family fun at Broadway Driving Range & Mini Golf. Enjoy a game of mini-golf, lunch and ice cream along with our DSPG families on Saturday, July 13, 2019 from 1-4pm. Tickets are \$12/person for immediate family only. Due to your continued generosity, the DSPG will absorb a portion of each ticket sold to keep this event fun and affordable. Register on line at https://form.jotform.com/dspgwny/green-acres-2019

# A Day at the Bisons Game

August 04

Join us for a fun family outing to the Buffalo Bison's game on Sunday, August 4 at 1:05 pm when the Bisons take on the Syracuse Mets. The tickets are \$5 per family.

Please RSVP by July 28, to ensure time for mail delivery. Immediate family only due to the popularity of this event. There are limited tickets, so only order if you plan to attend. Register on line: https:// form.jotform.com/dspgwny/bisons2019 or email Janet Poreda at janpo788@aol.com.

## **Kick Off Meeting / Open Forum** September 9

Our Annual Meeting and Board Elections will take place Wednesday, September 9 at 7pm at The Museum of Disability History. We will share our annual report, a treasurer's report, and hold elections for positions on our Board of Directors. We are also excited to provide information on the Able Act and Person Centered Services. More info to come . . . .

12th Annual Step Up for Down Syndrome - Saturday September 28 Down Syndrome Parents Group's 40th Anniversary Celebration - Saturday, October 12

## **Resource Corner**

**Leadership Special Education Conference,** Saturday, June 1, 2019 at 9 AM – 2 PM Daemen College Wick Hall.

parentnetworkwny.org/event/leadership-in-special-education-conference-6-1/

Free Leadership Conference on Special Education with guest speaker Chris Suriano, Assistant Commissioner on Special Education for New York State Department of Education. Roundtable discussions on Autism, mental health, special education, learning disabilities, developmental disabilities and more!

What's the Difference between IEP Accommodations and Modifications? adayinourshoes.com/iep-accommodations-modifications

#### **Down Syndrome Brain Train video series**

https://vimeo.com/ondemand/downsyndromebraintrain

Dr. Brian Skotko, an international expert on Down syndrome, will offer practical tips on how you might boost cognition and prevent Alzheimer's disease in your loved one with Down syndrome.

#### **60 LIFE SKILLS TO TEACH YOUR CHILD WITH SPECIAL NEEDS**

suchatimeasthis.com/2015/10/30/life-skills-to-teach-vour-special-needs-child

#### **Cradle Beach Camp**

cradlebeach.org/content/pages/camp

Cradle Beach's Residential Summer Enrichment Program, serves the needs of children with special needs and children from low-income families from Western New York and beyond. We provide a healthy environment and organized activities to promote socialization, independence, and decision making in an atmosphere of love and acceptance.

#### iCan Bike Camp

wnvicanbike.weeblv.com/

iCan Shine Bike Camp uses adapted bicycles, a specialized instructional program, and trained staff to enable individuals with disabilities to learn to ride a two-wheel bicycle. Riders, ages 8 and up, attend one 75 minute session each day for five consecutive days where they learn to ride while accompanied and encouraged by volunteer "spotters". This year camp is July 8-June 12, 2019. Register now to secure your spot.

#### **NYS Parks Access Pass -**

parks.ny.gov/admission/access-pass/

The Access Pass permits residents of New York State with disabilities, as defined in the application, free or discounted use of state parks, historic sites, and recreational facilities operated by the New York State Office of Parks, Recreation and Historic Preservation and the New York State Department of Environmental Conservation.

#### **Recreation and Leisure ServicesDirectory**

<u>parentnetworkwny.org/recdirectory/</u> A resource of recreation options for individuals with disabilities, their families, and service providers.

**SibShops** - sibshopwny.com 4-hour workshops that provide support and guidance to siblings of children with special needs. Siblings are encouraged to share the challenges and celebrate the joys with brothers and sisters in similar situations. 716-888-2895

Snap fit at Rolly Pollies - rpwny.com/special-needs-play.htm

SN@P FIT Gym, Special Needs @ Play, an open play time a relaxed and supportive environment dedicated to children with special needs, ages 12 and under, and their families. We lower the music, limit participants and work with each family to create the best environment possible.

Thanks to Everyone who Supported Our Spaghetti Dinner!

## **Board News**

## **College Scholarships**

The DSPG is providing college scholarships to deserving high schoolers who have volunteered with us for at least 4 years. Please email dspg@dspgwny.org with questions or to receive a copy of the qualifications for the 2019-2020 school year. Applications for the fall of 2019 are due on May 30.

## **NDSC Convention Scholarships**

We are offering \$250 scholarships via the lottery system for the National Convention in Pittsburgh, Pennsylvania June 27-30. Send us a copy of your paid registration and you will be entered into the drawing. One qualification-you must present at the kickoff meeting in September.

#### **Board Elections**

At our Annual Meeting on September 9, we will elect four Board Members for a term of three years. If you are interested in running for a position on Board, please email dspgwny@gmail.com by September 1st. If you would like more information about being a Board Member, e-mail us or call any board member listed on page 3. We would love to see some fresh faces getting more involved in our organization. We will e-mail the slate of candidates and have them available in print at the annual meeting on September 9th where we will hold elections.

As always, if you have anything you'd like to share, contact any of the board members below or send an email to <a href="mailto:dspg@dspgwny.org">dspg@dspgwny.org</a>.



# https://www.facebook.com/DSPGWNY

# World Down Syndrome Day Celebrations









## **Thank You To Our Donors**

Donations through United Way

Erica Melton and Graciella Royal through the National Fuel Employee Charitable Giving Program

West Elementary donated the proceeds from a Rock Your Socks Dollar Day

Danielle Vinette for her donation of World Down Syndrome Day shirts for our raffle

## **DSPG BOARD MEMBERS**

## **Presidents:**

Amy Monson,716-677-0604 Barbara Wakefield - 716-983-2140

## **Vice Presidents:**

Gretchen White - 716-834-0853 Trish Winnicki - 716-445-2177

#### Treasurer:

Janet Poreda - 716-695-1299

## **Communications Coordinator:**

Melissa Garrity - 716-534-6121

## Secretary:

Bonnie Zon - 716-632-0137

## **Members at Large:**

Jason Brydges - 716-830-8636
Joan Cofield-Bridges - 716-432-4851
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Tracey Flick - 716-228-5002
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Maureen Hunley-Barnes - 716-472-1637
Marc Kotarski - 716-912-7797

Wendy Slisz - 716-465-7574

David Rosenhoch

**President Emeritus:**Carol Hetzelt - 716-832-4972

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