Calendar of Events

May 10 June 14 July 12 Aug 9	Parent Support Virtual Meetings 7PM
July 11	Summer Picnic <i>Como Park, Lancaster</i> 1PM

October 2 Step Up for Down Syndrome Canalside 10AM



The DSPG News is published quarterly in February, May, August, and November



https://www.facebook.com/DSPGWNY



Due to Social Distancing Guidelines for COVID-19, Our upcoming events have been postponed. We will announce any new dates as soon as we are able.

Parent Support Virtual Meetings

May 10, June 14, July 12, Aug 9

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Down Syndrom	e Parents Group
Provide a welcoming environment for parents, fa	POSE: mily members and other caregivers of individual riences, ask questions and receive support.
DATE	"NEW ZOOM LINK"
Monday, May 10, 2021	Join Zoom Meeting
Monday, June 14, 2021	
Monday, July 12, 2021	https://zoom.us/j/91473020954?pwd=bm- 0wYkUwOFUyVitQKzIwYIJDbHN2QT09
Monday, Aug 9, 2021	
	Meeting ID: 914 7302 0954
TIME	Passcode: 902265
7:00 pm - 8:00 pm	Dial by your location +1 646 558 8656 US (New York)
	estions contact us at : @parentnetworkwny.org
	11.
families + self-advocates + friends	PARENIT N

Join our Zoom Meetings on the second Monday of every month at 7pm to share experiences, ask questions and receive support. Intended for parents and other caregivers of children with Down syndrome Click the link below to join or contact us with any questions at dspg@dspgwny.org

New Zoom Link

https://zoom.us/i/91473020954?pwd=bm0wYkUwOFUyVitQKzIwYIJDbHN2QT09%20#success Meeting ID: 914 7302 0954 Passcode: 902265

For email reminders for upcoming meetings go to: https://form.jotform.com/dspgwny/dspgvirtualmeetings



547 Englewood Avenue Kenmore, New York 14223 In an effort to reduce our carbon footprint, we will only be mailing printed versions of this newsletter to anyone not currently on our email list. You can receive a printed copy by mail by sending a request to dspg@dspgwny.org.

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May 2021

UPCOMING EVENTS

Summer Picnic

July 11

Join us for a day of family fun Sunday, July 11, 2021 from 1:00-5:00. We will meet at the Rich Marino Gazebo at Como Lake Park, 2220 Como Park Blvd, Lancaster, NY 14086. There will be music, games, a small basket raffle, and lots of fun! There is a playground close by as well as areas to play tennis, soccer, and



basketball. The DSPG will provide drinks like bottled water and juice boxes. If you would like to bring snacks for your family, please do so. Restrooms will be available and are nearby the gazebo. Masks are required in buildings such as the restrooms.

To register go to https://form.jotform.com/dspgwny/picnic21. Please contact Wendy at weedyslisz@yahoo.com with any questions.



Resource Corner

•	Down Syndrome Clinic to You dsc2u.org
•	It's good to know the difference between COVID and just allergies.
•	https://www.mayoclinic.org/diseases-conditions/coronavirus/in-depth/covid-19-cold-flu-and-allergies-
•	differences/art-20503981
•	https://www.cdc.gov/coronavirus/2019-ncov/faq.html?
	fbclid=IwAR3TGaXURLShJ5YR8Hg56WIXxSprOtihfG10t0msDgsyjBZKN7wt3BmqQZg#People-with-
•	Seasonal-Allergies
•	ID Cards are now available for individuals with a diagnosed developmental disability!
•	https://opwdd.ny.gov/form/i-dd-id-cards
•	COVID-19 Vaccine Q & A
•	https://www.ddawny.org/resources/covid
•	Dermatologic Conditions in People With Down Syndrome
•	Two recent video episodes of the Down Syndrome Center of Western PA's podcast
	discussed skin conditions in individuals with Down syndrome.
•	https://www.chp.edu//down/podcasts/skin-conditions
•	https://www.chp.edu//down/podcasts/skin-conditions-2
•	COVID-19 updates and information about COVID-19 vaccinations.
•	https://adscresources.advocatehealth.com/covid-19down-syndrome-resource/
•	The Lincoln Center: Passport to the Arts: Designed for children, teens, and adults with disabilities ar
•	their families, Passport to the Arts provides a welcoming, accessible, and affordable introduction to the
	performing arts at Lincoln Center at no cost.
•	https://www.lincolncenter.org/lincoln-center-at-home/series/passport-to-the-arts
•	Refusal to Eat Solid Foods
•	https://adscresources.advocatehealth.com/refusal-to-eat-solid-foods/

World Down Syndrome Day Chicken BBQ

The Down Syndrome Parents Group's Chicken BBQ Drive Thru was a great success! It was great to see some familiar faces and we really appreciate your support.







Happy Mothers Day & Happy Father's Day to all our wonderful caregivers!

I wouldn't change you for the world, but I would change the world for you.

Thank You To Our Donors

Donations through Amazon Smile Donations through United Way Donations through Embrace the Difference Donations through National Fuel Donations in memory of Thomas Giambra Blackbaud Giving Fund Buffalo Niagara Association of Realtors, Inc. Network for Good Elaine Fischer Perry Lanny Frattare Maria and Robert Walczak

www.dspgwny.org

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Board News

Please feel free to reach out to any of our Board members if you are in need of assistance. We will do whatever we can to connect you with necessary resources. Take care and stay safe.

College Scholarships

The DSPG is providing college scholarships to deserving high schoolers who have volunteered with us for at least 4 years. Please email <u>dspg@dspgwny.org</u> with questions or to receive a copy of the qualifications for the 2020-2021 school year. This year's annual scholarship was awarded to to Jack Slisz. Congratulations Jack! Applications for the fall of 2021 are due on May 30, 2021. We welcome our loved ones with Down syndrome to volunteer at any of our events.

DSPG BOARD MEMBERS

Presidents:

Amy Monson - 716-997-2843 Barbara Wakefield - 716-983-2140

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