Calendar of Events



Aug 9 **Parent Support Virtual Meetings** Sept 13

Oct 11

Nov 8

Dec 13

October 2 Step Up for Down Syndrome

Canalside 10AM

October 31 **Halloween Trick or Treat Trail**

Bornhava, 25 Chateau Terrace, Amherst 14226

10AM

The DSPG News is published quarterly in February, May, August, and November



https://www.facebook.com/DSPGWNY



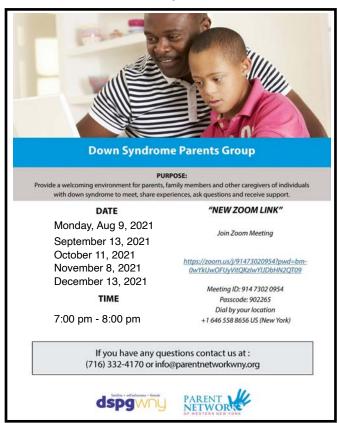
In an effort to reduce our carbon footprint, we will only be mailing printed versions of this newsletter to anyone not currently on our email list. You can receive a printed copy by mail by sending a request to dspg@dspgwny.org.



UPCOMING EVENTS

Parent Support Virtual Meetings

Aug 9

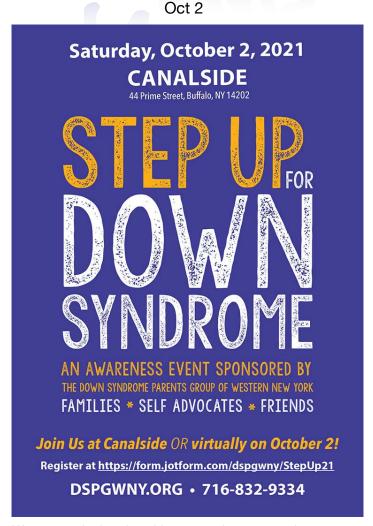


Join our Zoom Meetings, the second Monday of every month at 7pm, to share experiences, ask questions and receive support. For parents and other caregivers of children with Down syndrome. Click the link below to join. For email reminders for upcoming meetings go to: https://form.jotform.com/dspgwny/ dspgvirtualmeetings

New Zoom Link

https://zoom.us/j/91473020954?pwd=bm0wYkUwOFUyVitQKzlwYIJDbHN2QT09%20#success Meeting ID: 914 7302 0954 Passcode: 902265

Step Up for Down Syndrome



We are excited to be able to meeting person, but we are offering a virtual option as well. Fo more information go to dspgwny.org or call 716-832-9334. To register go to https://form.jotform.com/dspgwny/StepUp21.



Halloween Trick or Treat Trail

October 31

The DSPG of WNY is hosting its 9th annual Halloween Event at Bornhava on Sunday, October 31, 2021 from 10:00am-12:00pm. Costumes are encouraged as kids will trick or treat around the back stone path. Stations will be spaced apart and we will have gloves and masks available. This free all ages event is for Down Syndrome Parents Group family members and families of children who attend Bornhava. Look for more information to come in September at dspgwny.org.

www.dspgwny.org page 4 www.dspgwny.org

Resource Corner

Breastfeeding and Down Syndrome: A Comprehensive Guide for Mothers and Medical Professionals, the new book by Julia's Way https://juliasway.org/book

A parents guide to teaching reading to children and young people with Down syndrome https://www.down-syndrome.org/en-gb/services/training/courses/parents-teaching-reading

Information about sunscreen use and people with Down syndrome. https://adscresources.advocatehealth.com/sunscreen-use

Visuals can be appropriate for people of all ages. https://adscresources.advocatehealth.com/visual-supports

The American Academy of Pediatrics (AAP) has a special guide to help parents and families of children with Down syndrome. This document focuses on medical topics that affect physical health.

Aging and Life Expectancy

https://adscresources.advocatehealth.com/resources/aging-and-life-expectancy

Traveling With A Disabled Child I How To Properly Prepare For Your Adventure https://adayinourshoes.com/prepare-vacation-disabled-special-needs

COVID-19 vaccination in children with Ds down to age 12, going mask-free, and other useful information. https://directory.libsyn.com/episode/index/id/19149248

Resources on Common Health Conditions in adolescents and adults with Down syndrome https://adscresources.advocatehealth.com/assets/1/13/
https://adscresources.advocatehealth.com/assets/1/13/
https://adscresources.advocatehealth.com/assets/1/13/
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<a href="Adults with Bow

Family Picnic

Despite the rain, we had a great turnout at Como Park for our Family Picnic. The basket raffle, music, ice cream and snacks were enjoyed by all!







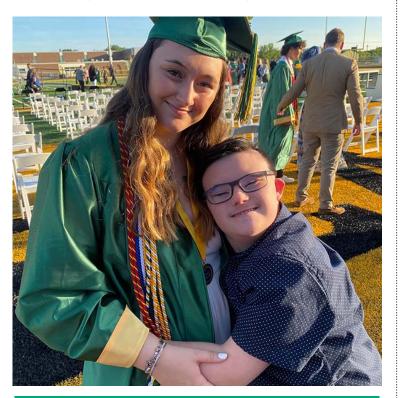


Board News

Please feel free to reach out to any of our Board members if you are in need of assistance. We will do whatever we can to connect you with necessary resources. Take care and stay safe.

College Scholarships

The DSPG is providing college scholarships to deserving high schoolers who have volunteered with us for at least 4 years. Please email dspg@dspgwny.org with questions or to receive a copy of the qualifications for the 2020-2021 school year. This year's annual scholarship was awarded to to Emma Monson. Congratulations Emma! Applications for the fall of 2022 are due on May 30, 2022. We welcome our loved ones with Down syndrome to volunteer at any of our events.



Thank You To Our Donors

Donations through Amazon Smile

Donations through United Way

Donations through Embrace the Difference

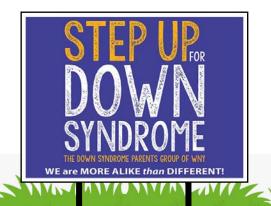
Donations in Memory of Thomas Giambra

Donation from Jim Hartloff

Donations through Give 716

DSPG Yard Signs - \$10

We will be at Bornhava, 25 Chateau Terrace in Amherst, on September 25 and Union Fire Company, 1845 Union Road in West Seneca, on September 26 from 12-3pm for sign pick up. Signs are 24 x 18 inches.Go to our website dspgwny.org or order at https://form.jotform.com/dspgwny/StepUpSign.



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