

## Calendar of Events

Feb 7 April 4 June 6	<b>Parent Support Virtual Meetings</b> 7PM
March 21	<b>World Down Syndrome Day</b>
April 2	<b>Chicken BBQ</b> 1845 Union Road, West Seneca 11AM-3PM

The DSPG News is published quarterly in February, May, August, and November



<https://www.facebook.com/DSPGWNY>



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*In an effort to reduce our carbon footprint, we will only be mailing printed versions of this newsletter to anyone not currently on our email list. You can receive a printed copy by mail by sending a request to [dspg@dspgwny.org](mailto:dspg@dspgwny.org).*



February 2022

## UPCOMING EVENTS

### Parent Support Virtual Meetings

Feb 7, April 4, June 6

### DSPG Chicken BBQ

Saturday, April 2

Our BBQ Drive Thru event will take place at Union Fire Company, 1845 Union Road, West Seneca, NY 14224 from 11AM - 3PM on Saturday, April 2, 2022. Dinners will be provided by Carrubba's Chicken Pit.

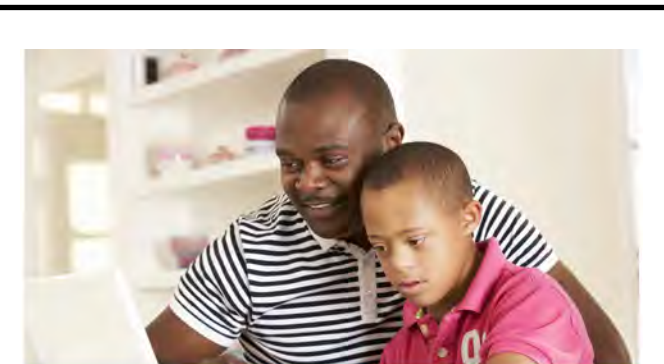


**Pre-sale dinners will be \$13 each** and will include a half chicken, buttered spuds, cole slaw, dinner roll, butter, Carrubbas special dipping sauce and a cookie. Presale dinner need to be picked up by 2pm.

A limited number of chicken dinners will be available for purchase that day for \$13 **without the cookie**. Additional cookies will be available for for \$2. Please contact Janet at [janpo788@aol.com](mailto:janpo788@aol.com) with any questions. TO PURCHASE TICKETS GO TO: [form.jotform.com/dspgwny/dspg-chicken-bbq-2022](https://form.jotform.com/dspgwny/dspg-chicken-bbq-2022) Please retain your email for ticket confirmation as no tickets will be mailed. **Please purchase your dinner tickets by March 28. Jotform will close at 9pm.**

### Learn About the Down Syndrome Program at Oishei Children's Hospital TBD

Informational meeting on the Down Syndrome Program at Oishei followed by a Q&A session.



### Down Syndrome Parents Group

#### PURPOSE:

Provide a welcoming environment for parents, family members and other caregivers of individuals with down syndrome to meet, share experiences, ask questions and receive support.

#### Upcoming Dates

- February 7, 2022
- April 4, 2022
- June 6, 2022

7:00pm-8:00pm

#### Join Zoom Meeting

<https://zoom.us/j/91473020954?pwd=bnQwYkUwOFUyVitQKzIwYUJDbHN2QT09>

Meeting ID: 914 7302 0954  
Passcode: 902265  
Dial by your location  
+1 646 558 8656 US (New York)

If you have any questions contact us at:  
(716) 332-4170 or [info@parentnetworkwny.org](mailto:info@parentnetworkwny.org)



If you would like a reminder sent via email for upcoming meetings click on the link below.

<https://form.jotform.com/dspgwny/dspgvirtualmeetings>

## Celebrate World Down Syndrome Day on 03-21-22!

1. Wear mismatched socks.
2. Perform random acts of kindness.
3. Read a book about Down syndrome at your child's school.
4. Donate a book to the classroom or library.
5. Give a presentation at school or your workplace.
6. Post a Thought on Social Media.





## Resource Corner

**Down Syndrome Program at Boston Children's Hospital**  
[www.childrenshospital.org/patient-resources](http://www.childrenshospital.org/patient-resources)

**DDAWNY Family Committee Monthly Meetings** <https://www.ddawny.org/committees/family-committee/>

**WNY iCan Shine Bike Camp** <https://wnyicanbike.weebly.com/rider-information>

**Seeking Special Ed Serenity** <https://www.getnicklivingston.com/post/seeking-special-ed-serenity>

**Weight Management in Adults with Down Syndrome**  
<https://adsresources.advocatehealth.com/weight-management-in-adults-with-down-syndrome>

**COVID in DS - Omicron Edition Podcast**  
<https://downsyndromecenter.libsyn.com/121-covid-in-ds-omicron-edition>

**Tips for Successful Blood Draws** [adsresources.advocatehealth.com/tips-for-successful-blood-draws](https://adsresources.advocatehealth.com/tips-for-successful-blood-draws)

**Cradle Beach 2022 Summer Camp and Respite Programs** <https://cradlebeach.org>

**Accessible Chef**  
Accessible Chef is a collection of free visual recipes and other resources to help teach cooking skills to individuals with disabilities at home or in a special education classroom. <https://accessiblechef.com>

**Self-Talk in People with Down Syndrome Webinar Recording**  
<https://adsresources.advocatehealth.com/self-talk-in-people-with-down-syndrome-webinar-recording-11102021>

**How is Alzheimer's Disease Diagnosed in a Person with Down Syndrome?**  
<https://adsresources.advocatehealth.com/how-is-alzheimers-disease-diagnosed-in-a-person-with-down-syndrome/>

**Use of Visual Supports**  
<https://adsresources.advocatehealth.com/visual-supports>

## Santa Drive Thru

We were so excited to be able to hold our Santa Drive Through this year. We had a great day with lots of smiles!



## Share a Message of Kindness and Inclusion and Support the DSPG



\$40

**Order today for Valentine's Day!**

<https://form.jotform.com/dspgwny/bracelet21>

For more information contact Lisa Brydges at [lisabrydges5@gmail.com](mailto:lisabrydges5@gmail.com) or 716-510-8206.



## Board News

We are happy to welcome Jenn Sumeriski as our newest board member! We would love more fresh faces to help plan and run our many events. Any assistance would be appreciated to keep our group going. If you can help out, please contact Amy at [amonson23@hotmail.com](mailto:amonson23@hotmail.com).

## College Scholarships

The DSPG is providing college scholarships to deserving high schoolers who have volunteered with us for at least 4 years. Please email [dspg@dspgwny.org](mailto:dspg@dspgwny.org) with questions or to receive a copy of the qualifications. Applications for the fall of 2022 are due on May 30, 2021. *We welcome our loved ones with Down syndrome to volunteer at any of our events.*

## Thank You To Our Donors

Donations through Amazon Smile  
Donations through United Way  
Donations through Embrace the Difference  
Blackbaud Giving Fund  
John and Greta Doscher in memory of Brian Smith  
Frontier Middle School  
Ellen Koessler  
Martin Miller in memory of Claudia Salvaggi  
National Fuel Charitable Foundation  
Network for Good  
Gary Stocksdale in memory of Thomas Giambra  
RAZL, LLC  
Howard Rosenhoch  
Larry and Lorrie White  
Mary and Edmund Egan

## Down Syndrome Presentations

The Down Syndrome Parents Group was invited to do presentations to the Erie County Association of Medical Assistants and the Army Corp of Engineers Buffalo Chapter about Down Syndrome during the month of October. Thanks to John and Amy Monson for speaking on behalf of all of our families!

It was great doing the presentations for Down Syndrome Awareness month but we would love to do them all year long. If you have an organization that would like a Lunch and Learn or evening presentation please reach out to us at 716-832-9334 or [dspgwny@gmail.com](mailto:dspgwny@gmail.com).

## DSPG BOARD MEMBERS

### Presidents:

Amy Monson - 716-997-2843  
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