

# 21 Facts About Down Syndrome

1. You have 46 chromosomes, people with Down syndrome have 47 chromosomes.
2. Chromosomes determine everything about us.
3. Down syndrome is NOT contagious; you cannot catch it.
4. There are 3 types of Down syndrome – Trisomy 21, Mosaic Down syndrome, and Translocation Down syndrome.
5. Trisomy 21 is when there are 3 copies of the 21st chromosome.
6. Translocation Down syndrome is when a 3rd copy of the 21st chromosome attaches to another.
7. Mosaic Down syndrome is when only some of the cells in a body have 3 copies of the 21st chromosome.
8. People with Down syndrome have feelings, just like you and me.
9. People with Down syndrome can fall in love and get married.
10. Sometimes it takes a longer time for people with Down syndrome to learn new skills.
11. People with Down syndrome want to be treated like everyone else.
12. People with Down syndrome are unique with their own thoughts and talents.
13. Sometimes having Down syndrome makes it more difficult to move and talk.
14. Sometimes people with Down syndrome have hearing impairments, and may use a device to help them hear. They also might use American Sign Language or an iPad to communicate.
15. It is Down syndrome, not Downs. People have Down syndrome, but they are not Down syndrome.
16. People with Down syndrome can play sports, cheer, sing and dance.
17. People with Down syndrome can grow up to live on their own, go to college and have jobs.
18. It is very easy to become friends with someone with Down syndrome.
19. People with Down syndrome want to be accepted.
20. People with Down syndrome are loyal friends.
21. People with Down syndrome can pretty much do everything we can do.