

families * self-advocates * friends



August 2024

UPCOMING EVENTS

August 18 - Family Picnic



Join us for a day of family fun on Sunday, August 18, 2024 from 11:00-2:00! We will meet at the George F. Lamm Post 622 located at 962 Wehrle Drive, Williamsville, NY 14221. There will be food, music, games, and lots of fun.

Please RSVP by Wednesday, August 14. Register online at <https://form.jotform.com/dspgwny/picnic24> or contact us with questions at dspg@dspgwny.org.

October 5 - Step Up for DS Walk



We are excited to celebrate our 17th year! We will be back at Canalside with food trucks, games, a warm up with Fitness Ability and music by Strictly Hip. Registration is \$15 and includes a free event t-shirt if submitted before September 8. After that date a limited number of shirts will be available for purchase at the walk. A \$5 food truck voucher to be used on the day of the event will be provided to everyone at registration. This is a rain or shine event.

Registration is now OPEN. To join us go to
<https://form.jotform.com/dspgwny/StepUp24>

Alzheimer's Awareness Presentation

To register please call: 800-272-3900

YOU'RE INVITED!



In collaboration with the
WNY Down Syndrome
Parents Group

This program is made possible
through a grant from the NYS
Department of Health

Registration required- please
call 800.272.3900 to register

alz.org | 24/7 Helpline 800.272.3900



October 16, 2024

6:30pm

6400 Sheridan Drive
Amherst NY 14221
Suite 321

Join us for an Awareness
Presentation on Alzheimer's
and Dementia and how it
impacts those with Down
Syndrome

This presentation will include
information from Alzheimer's
Association Board Member
Sarah Harlock, MBA on
diagnoses

SAVE the DATE ...

October 26 - Halloween Trick or Treat at Bornhava



<https://form.jotform.com/dspgwny/TrickorTreat24>

November 9 - Fall Dance



<https://form.jotform.com/dspgwny/FallDance24>

December 7 – Holiday Brunch at Sacred Heart



<https://form.jotform.com/dspgwny/Holiday24>

Resource Corner

Functional Needs Registry

<https://www3.erie.gov/dhses/form/functional-needs-registry-form>

Connective Tissue and DS

<https://adscresources.advocatehealth.com/resources/connective-tissue-and-ds/>

Health Benefits of Music for Adults with Down Syndrome

<https://adscresources.advocatehealth.com/resources/health-benefits-of-music-for-adults-with-down-syndrome/>

Clinical Trial of New Alzheimer's Drug Coming for DS Population

<https://lumindidsc.org/downsyndrome-clinical-trial-for-alzheimers>

Free Printable Chore Chart for Kids that is Skills-Based, not Age-Based

<https://adayinourshoes.com/chore-chart-for-kids/>

New Book from Author Engelic Everett - *Olivia and the Flying Meatballs*

<https://oliviathebully.blogspot.com/>

Celebrity Parents who have Opened Up About Raising Kids with Disabilities

<https://en.survivingtribal.com/view/>

“Assume That I Can” Campaign on Youtube

<https://www.youtube.com/watch>

This mom has Down syndrome and raised a son: How she did it

<https://www.msn.com/en-us/health/other/this-mom-has-down-syndrome-and-raised-a-son-how-she-did-it/ar-BB1nU05d>

Feeding Picky Toddlers with Down Syndrome

<https://www.massgeneral.org/children/down-syndrome/feeding-picky-toddlers-with-down-syndrome>

Alzheimer's Disease Prevention and Healthy Aging

<https://adscresources.advocatehealth.com/alzheimers-disease-prevention-and-healthy-aging-in-people-with-down-syndrome-webinar-recording-5182022>

19 Top-Rated Speech Therapy Apps for Kids

<https://adayinourshoes.com/speech-therapy-apps/>

Misunderstandings Caused by Different Perceptions

<https://adscresources.advocatehealth.com/resources/misunderstandings-caused-by-different-perceptions/>

Order Your DSPG 2025 Calendar!

Thanks to Makin Memories Photography for the great pictures appearing in our 2025 calendar. They will be ready for our walk on October 5.



Pre-order online at

<https://form.jotform.com/dspgwny/25calendar>

There is still time to get a \$20 discount towards a virtual visit with DSC2U! Email us at dspg@dspgwny.org to request a code and we will give you instructions on how to sign up.

The Guys at High Park



Frat house, or Aspire of WNY home? Seven years ago, the Buffalo News published a segment featuring a group of guys who receive services from Aspire of WNY living together in a shared house. Fast-forward to today, and the same group of guys still enjoy life in what the Buffalo News playfully referred to as a “bachelor pad” for the six guys living there.

To see the whole story go to:

<https://www.aspirewny.org/frat-house-or-aspire-of-wny-group-home-introducing-high-park/>

Bisons Game 2024



716 Day Party



GIVE 716

Board News

We would love more fresh faces to help plan and run our many events. Any assistance would be appreciated to keep our group going. If you can help out, please contact Amy at amy.m@dspgwny.org.

NDSS Recognized Chris Poreda During Oral Health Awareness Month



During Oral Health Awareness Month in June, the National Down Syndrome Society (NDSS) featured Chris Poreda, who works at a pediatric dentist office here in Buffalo, NY!

From Chris's mom Janet "This has been such a great opportunity for Chris. I can see his growth with this job in so many areas like his speech. He is speaking more articulately, with longer sentences, and not as many one word answers. He has a smile on his face every time he goes into work."

From Dr. Dian: "We love Chris and his family. They take the staff to a baseball game each year. Chris recently was in a talent and fashion show with our dental students from the AADMD - an inclusive fashion and talent show!"

To see the whole story go to
<https://www.facebook.com/hashtag/oralhealthawarenessmonth>

The Buffalo News Featured Our Own Jack and Anna



This story by Sean Kirst, *A prom date and a farewell for two couples, wrapped together by a dream*, appeared in the Buffalo News on June 16, 2024. Jack Monson and Anna Winnicki are members of the DSPG! The whole story can be viewed on the Buffalo News website if you are a subscriber. (If you are not a subscriber, the PDF below contains the story without pictures.)

[View story on the Buffalo News website](#)

[View story in a PDF](#)

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Thank you to our donors!

Donations from Give716

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In Memory of Lilly Mae Lauber

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Calendar of Events

August 18 **DSPG Family Picnic**
*George F. Lamm Post 622
962 Wehrle Drive, Williamsville 14221
11AM - 2PM*

Oct 5 **Step Up for Down Syndrome Walk**
*Canalside, 44 Prime Street, Buffalo 14202
11AM-2PM*

Oct 16 **Alzheimer's Awareness Presentation**
*Alzheimer's Association of WNY
6400 Sheridan Drive, Amherst, Suite 321
6:30PM*

Oct 26 **Halloween Trick or Treat**
*Bornhava, 25 Chateau Terrace, Amherst
10AM - 12PM*

Nov 9 **Fall Dance**
*Magruders, 4995 Broadway, Depew
6PM - 9PM*

Dec 7 **Holiday Brunch**
*Buffalo Academy of the Sacred Heart
3860 Main St, Buffalo, NY 14226
9AM - 11AM*



The DSPG News is published quarterly in February, May, August, and November



<https://www.facebook.com/DSPGWNY>



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