

19TH ANNUAL STEP UP FOR DOWN SYNDROME AWARENESS WALK

PRESENTED BY: THE DOWN SYNDROME PARENTS GROUP
OF WESTERN NEW YORK.

ENHANCING THE LIVES OF PEOPLE WITH
DOWN SYNDROME SINCE 1977.

DIAMOND



IN MEMORY OF *Ethan Michael* CIESIULKA

PLATINUM



GOLD



SILVER



BUFFALO BUILDING
TRADES COUNCIL



Down Syndrome Parents Group of WNY
111 Fairlawn Drive
Amherst, NY 14226
dspgwny.org



Please join us for the



for
DOWN SYNDROME
AWARENESS WALK PRESENTED BY
THE DOWN SYNDROME PARENTS GROUP OF WNY



October 3, 2026

11am to 2pm Canalside
WALKER REGISTRATION BEGINS AT 10:00

families • self-advocates • friends
dspgwny

JOIN US FOR THE 2026 STEP UP FOR DOWN SYNDROME AS WE RETURN TO CANALSIDE FOR OUR 19TH ANNUAL STEP UP FOR DOWN SYNDROME AWARENESS WALK

Presented by the Down Syndrome Parents Group of Western New York.

Join us on **October 3, 2026** from 11 am – 2 pm. We will have a one-mile walk route along the inner harbor waterfront. **Registration is \$20 and includes a free event t-shirt if submitted before the 9/4 deadline.**

A limited number of shirts will be available for purchase at the walk. A \$5 food truck voucher to be used the day of the walk will be provided to each registrant. **Rain or shine event.**

Entertainment will be provided throughout the event including games & activities for kids as well as live music from Strictly Hip.

TAKE THE METRO FROM UB
TO AVOID PARKING!

EVENT DETAILS

- 10:00 CHECK IN, REGISTRATION AND GAMES**
- 11:00 WELCOME, PERFORMANCES AND WARM-UP WITH FITNESS ABILITY**
- 11:30 WALK BEGINS**
- 12:00 FOOD TRUCKS & FAMILY FUN!**



LIVE MUSIC • GAMES • ADAPTIVE ENTERTAINMENT • LOCAL RESOURCE INFORMATION TABLES • MERCHANDISE

FOOD TRUCKS: DIRTY BIRD, HOUSE OF MUNCH, THE CHEESY CHICK & SMASH AND ROLL

Thank you for your support.

PROCEEDS SUPPORT STEP UP FOR DOWN SYNDROME & DSPG EVENTS.

families • self-advocates • friends
dspgwny

REGISTRATION
REGISTER ONLINE AT
dspgwny.org



OR SCAN THE QR CODE >>>

Please complete this form to register for the 2026 Step Up for Down Syndrome via standard US postal service.

REGISTRATION FEE IS \$20.
CHILDREN UNDER 2 ARE FREE.
REGISTRATIONS POSTMARKED BY SEPT. 4TH WILL RECEIVE A COMPLIMENTARY EVENT T-SHIRT FOR ALL PARTICIPANTS LISTED.

Mail this form and checks made out to DSPG:
299 Huxley Drive, Amherst, NY 14226

Please Indicate shirt sizes & quantities:

CHILD: (3T) _____ (Y Small) _____ (Y Medium) _____ (Y Large) _____
ADULT: (S) _____ (M) _____ (L) _____ (XL) _____ (2XL) _____ (3XL) _____

Name(s) _____

Address _____

City _____ State _____ Zip code _____

Phone _____

E-mail _____

Total enclosed @ \$20 per person \$

I/we cannot attend the event, but please accept my/our donation of \$ _____.

☐ **YES!** I would like to join the Down Syndrome Parents Group of Western New York (DSPG) mailing list.

☐ I understand that participating in this event may result in personal injury and/or property damage. I agree to release the Down Syndrome Parents Group of Western N.Y., its Officers and Directors ("DSPG") from any and all liability, and agree to waive all claims against DSPG for personal injury and/or property damage that I or my children may sustain arising out of our participation in this event, regardless of who is at fault.