

Calendar of Events

- November 11 **Fall Dance**
Magruders, 4995 Broadway, Depew
5:30PM
- December 2 **Holiday Party**
Buffalo Academy of the Sacred Heart
3860 Main Street, Buffalo
11AM
- January 11 **Special Needs Law**
Museum of Disability History, Amherst
7PM
- January 14 **Family Bowling**
Mallwitz's Island Lanes, Grand Island
1-3PM
- February 3 **UB Bulls Basketball**
Alumni Arena, 175 Webster Rd, Amherst
2PM
- February 10 **Valentines Dance**
Magruders, 4995 Broadway, Depew
5:30PM



DSPG of WNY, Inc.
547 Englewood Avenue
Kenmore, New York 14223



REMINDER: Save those Pop Tops! If you have pop tops or would like a collection house to benefit Ronald McDonald House of Buffalo please contact Tracey, leo8408@gmail.com or Michelle, michgiambra@gmail.com.

The DSPG News is published quarterly in February, May, August, and November

In an effort to reduce our carbon footprint, we will only be mailing printed versions of this newsletter to anyone not currently on our email list. You can receive a printed copy by mail by sending a request to dspg@dspgwny.org.



DSPG News

November 2017

UPCOMING EVENTS

Fall Dance Nov 11

Get your groove on, Saturday, Nov 11, 2017 at Magruders, 4995 Broadway, Depew. The DSPG will provide pizza, salad and drinks. Families with the last names A-M please bring an appetizer, and families N-Z please bring a dessert. Please RSVP to Lynette at lynpriham@gmail.com. or click this link <https://form.jotform.com/dspgwny/fall-dance2017>. **Please RSVP by November 6, so that we can ensure adequate food and seating.**

Holiday Party December 2

Celebrate the holidays with the DSPG at our annual Holiday Party, Saturday, December 2, 2017 from 11am-2pm at the Buffalo Academy of the Sacred Heart, 3860 Main St. Enjoy games for the younger kids as well as music and dancing with Hank the DJ. If you would like your children to receive a gift from Santa, please bring them wrapped and labeled.

DSPG will provide pizza and beverages. Families with the last names beginning with A-M please bring a side dish and N-Z please bring a dessert. **RSVP to Barb at bb.wakefield1@verizon.net or click this link <https://form.jotform.com/dspgwny/holiday2017> by November 26 to let her know what you are bringing.**

Special Needs Law January 11

DSPG member and Special Needs Lawyer, Marcy Hagen, will give an overview on what school districts are obligated to provide, how to best advocate for your child, the due process complaint process. She will also answer any questions you have. Click here to RSVP <https://form.jotform.com/dspgwny/january2018>.

Family Bowling January 14

Thanks to DSPG members, the Slachciak family, we will have a family bowling party at Mallwitz's Island Lanes, 1887 Whitehaven Rd., Grand Island, on Sunday, January 14, 2018 from 1-4pm. Members will pay \$8/person for bowlers and \$5/person for non-bowlers, which includes 3 hours of bowling, shoe rental and unlimited pizza and pop. Due to your continued generosity, the DSPG will cover the remainder of the cost. This event is for immediate family members only. This is not a drop off event. If parents choose not to bowl, they must remain at the bowling alley with their child. Mail checks made out to DSPG to Bonnie Zon, 222 Culpepper Rd, Williamsville, 14221 or click this link <https://form.jotform.com/dspgwny/bowling2018>. Contact Bonnie at bonzon1102@aol.com or 632-0137 with questions.

UB Bulls Game February 3

Bring your family to watch the UB Bulls take on Western Michigan courtesy of the DSPG on Saturday, February 3, 2018 at 2pm at Alumni Arena. Activities for kids and concessions will be available. For tickets contact Janet Poreda at janpo788@aol.com with your complete mailing address by January 27, 2018 or click here to RSVP <https://form.jotform.com/dspgwny/ubbulls2018>. Immediate family only please.

Valentines Dance Feb 10

The Valentine's Dance will be Saturday, February 10, 2018 from 5:30 to 9pm, at Magruders, 4995 Broadway, Depew. Please RSVP by February 5, so we can ensure adequate food and seating. The DSPG will provide pizza, salad and drinks. Families with the last names A-M are to bring dessert, and families N-Z will bring an appetizer.

Since the dances are so well attended we are requiring an RSVP to ensure that we are within capacity limits of the venue. <https://form.jotform.com/dspgwny/valentines2018>

Spaghetti Dinner

This annual event will take place Sunday, March 4, 2018 at The Columbus Hall, 2735 Union Rd. Cheektowaga

World Down Syndrome Day

We will celebrate in style on March 21, 2018 with a banquet at Santora's Pub and Grill on Transit Rd. in Williamsville. Enjoy dinner and activities with your DSPG friends. Details to come....



Resource Corner

Local group for Parents & Caregivers of Children with Special Feeding Concerns.

<https://www.facebook.com/SpoonfulofLoveWNY>

A Comprehensive List of Down Syndrome Groups on FaceBook.

<http://www.meriahnichols.com/down-syndrome-groups/>

Wrightslaw Special Education Law and Advocacy.

Accurate, reliable information about special education law, education law, and advocacy for children with disabilities.

<http://www.wrightslaw.com/info/advo.do.dont.margolis.htm>

If you've got a child with a sleep study coming up here is the perfect little story to get them ready.

<http://www.massgeneral.org/.../down-syndrome-sleep-study-book...>

Cradle Beach Camp - Where Children's Spirits Soar!

<https://www.cradlebeach.org>

The FAMILY CARE TOOLKIT created by the NDSC, with the support of the Global Down Syndrome Foundation. The toolkit includes everything from how to use remotes to emergency medical consent forms.

<http://www.ndsccenter.org/family-care-toolkit/>

Adult Down Syndrome Center in Park Ridge, Illinois.

Their resource page covers a wide variety of topics which can be beneficial to other age groups as well.

<https://www.facebook.com/adultdownsyndromecenter/>

Mass General Hospital Down Syndrome Program This program has a page of printable Patient Handouts which cover a wide range of topics from feeding resources and life skills topics.

<http://www.massgeneral.org/children/services/treatmentprograms.aspx?id=1701&display=patient-resources>

How To Discuss Puberty with Your Child who has Special Needs

<http://www.friendshipcircle.org/blog/2013/11/18/how-to-discuss-puberty-with-your-child-who-has-special-needs/>

A website for all types of learning and attention issues.

<https://www.understood.org/en>

Gross Motor Skills for Children With Down Syndrome: A Guide for Parents and Professionals by Patricia C. Winders.

https://www.woodbinehouse.com/main.asp?product_id=978-1-60613-009-4&asp

Fine Motor Skills for Children with Down Syndrome: A Guide for Parents and Professionals by Marianne Bruni

https://www.woodbinehouse.com/main.asp?product_id=978-1-60613-259-3&asp

Thank You To Our Donors

All the generous donations to the Step Up for Down Syndrome Awareness Walk

All the generous donations made through Embrace the Difference

United Way

Halloween Party

Thanks to St. Mary's High School in Lancaster for hosting our annual Halloween Party. The kids had a blast!



2007-2017 Step Up Shirts Displayed Proudly!

Thank you for making our 10th annual awareness walk so much fun and the largest ever! Your generosity and support helps spread the word that our loved ones with Down syndrome are amazing assets to our community as well as our families.

EMBRACE THE DIFFERENCE

We are all connected no matter what difference we have
Meaningful jewelry that makes a difference
Accept, Be Kind & Give Back!

down syndrome PARENTS GROUP IS A PARTICIPATING CHARITY!

AVAILABLE AT REEDS DENNESS

VISIT WWW.EMBRACETHEDIFFERENCE.ORG FOR MORE INFORMATION



<https://www.facebook.com/DSPGWNY>



Board News

At our Annual Meeting on September 14, we elected three new Board Members for a term of three years. Welcome to Marcy Hagen, Maureen Hunley Barnes and Tami Kotorski!

If you have a change of address (email or regular mail) please email us at dspg@dspgwny.org

DSPG BOARD MEMBERS

Presidents:

Amy Monson, 716-677-0604
Barbara Wakefield - 716-983-2140

Vice Presidents:

Gretchen White - 716-834-0853
Trish Winnicki - 716-445-2177

Treasurer:

Janet Poreda - 716-695-1299

Communications Coordinator:

Melissa Garrity - 716-534-6121

Secretary:

Bonnie Zon - 716-632-0137

Members at Large:

Jason Brydges - 716-830-8636
Joan Cofield-Bridges - 716-432-4851
Craig Donatelli
Tracey Flick - 716-228-5002
Marcy Hagen - 716-632-1418
Maureen Hunley-Barnes - 716-472-1637
Tammi Kotarski - 716-?/?-????
David Rosenhoch
Wendy Slisz - 716-465-7574
President Emeritus:
Carol Hetzelt - 716-832-4972